

Volunteering Involving Organisations



VOLUNTEERING
BALLARAT



Volunteering Ballarat acknowledges and thanks Ballarat Community Health Centre for providing support to produce this booklet.

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About the Ballarat Foundation

Since the establishment of the Ballarat District community Fund over 35 years ago the Ballarat Foundation has existed to service the local community and support those in need. Through a mix of community programs, grant allocations, volunteering and philanthropy the Ballarat Foundation connects people to break the cycles of disadvantage across Ballarat and surrounding regions.

“We connect those with the means to help, to those in our community with the greatest need”

About Volunteering Ballarat

A program of the Ballarat Foundation, Volunteering Ballarat is the peak body for volunteering in the region, we offer industry support as well as coordination of volunteer recruitment. We also support corporate organisation to find suitable volunteering opportunities for their staff.

Check out our ‘Volunteering Ballarat’ Facebook page.

Email: volunteer@ballaratfoundation.org.au

Phone: Volunteering Ballarat on 5331 5555

Website: <http://ballaratfoundation.org/working-for-the-community/volunteer>

Visit the Volunteering Ballarat office located at 7 Lydiard Street South, Ballarat

Anglicare



Anglicare
Victoria

Anglicare Victoria's Community Breakfast Program and Emergency Relief Centres in Ballarat, Sebastopol and Creswick assist individuals and families in crisis. We couldn't meet the increasing demand for these services without the dedication of hundreds of volunteers. If you are interested in becoming a volunteer, please contact our Ballarat office:

Phone: 03 5332 9788

Email: sam.vangils@anglicarevic.org.au

Website: <https://www.anglicarevic.org.au/get-involved/volunteering/>

Ballarat Aviation Museum



Ballarat Aviation Museum is located within the grounds of the Ballarat Airport Victoria. We are a non-for-profit museum and welcome interested volunteers. Our volunteer roles include hosting visitors to the museum (training provided) and / or be part of our workshop team helping us to refurbish and maintain our exhibits and the museum buildings.

No particular skills required as we will provide skills building, however if you can do carpentry, metal work, electronics etc. we'd be very appreciative. Our museum contains local airport history, a variety of non- flying / flying planes, Link Trainers, numerous aircraft engine types, and photographic, radio equipment and memorabilia pertaining to WW2 times.

Our opening hours are Thursday to Saturday and Public Holidays 11- 4pm, Sunday 1 – 5pm

Phone: contact Bob Brown 0400 590 440

Email: ballarataviationmuseum@gmail.com **Website:** www.ballarataviationmuseum.com.au

Ballarat Community Health



Our volunteers are an essential part of the services provided through Ballarat Community Health and their work is greatly appreciated by staff and clients alike.

Some of the roles that our volunteers take on include:

- Helping to prepare program materials and information packs
- Assistance in Health Promotion programs
- Supporting staff in client programs
- Healthy Life Café and cooking
- Leading/assisting with walking and exercise groups
- Mail delivery and errands
- Second Bite food rescue program
- Research

Phone: 03 5338 4576

Website: www.bchc.org.au/about-us/volunteers

Ballarat Girl Guides



Volunteers are the backbone of Guiding. Join our team of adult, female volunteers and provide opportunities for girls and young women to build confidence and resilience, meet challenges, learn team building and develop new skills. You too will learn new things, have fun and form friendships with like-minded people.

Guides Victoria offer a variety of opportunities for volunteers – from assisting Guide groups with administrative tasks, to supporting Leaders at weekly meetings or undertaking training in Leadership roles. Share skills, time and energy in a way that suits your lifestyle. All volunteering contributions are valued, and each role supports the development of the girls.

No experience is necessary, and training is provided. A Police Check and Working with Children Check are required to work with our youth members. There are no monetary rewards, but changing lives is priceless.

Phone: 1800 447 548 or 5332 4270 (Margaret)

Email: guides@guidesvic.org.au

Website: girlguidesballarat.org.au/volunteer

Ballarat Health Services



Ballarat Health Services has a strong and vibrant volunteer workforce, providing support and assistance to patients, clients, residents and their families, right across the organisation. Anyone can apply and no previous experience in a health care setting is necessary. We offer a range of flexible volunteering opportunities in the following areas:

- Base Hospital
- Queen Elizabeth Centre
- Residential Aged Care Facilities
- Community programs

Phone: 03 5320 3789 or 03 5320 6931

Email: volunteers@bhs.org.au

Website: www.bhs.org.au

Ballarat Hospice Care



Ballarat Hospice Care is a not-for-profit organisation incorporated in 1985 to provide specialist palliative care equitably and responsively within available resources and to promote palliative care values within the community.

Palliative care aims to promote comfort and improve quality of life of those living with a life-limiting illness, while supporting family and friends involved in their care.

We were established by community members in response to community need, a need that continues to grow with increasing population. Our connection to community is important to us. As we are partly funded by government, Ballarat Hospice Care relies on this community support to enable us to continue to make a difference.

This highly accredited service employs a team of specialist palliative care nurses, specialist grief and bereavement counsellors and welfare workers, but also relies on patient and family support volunteers to look after the varied physical, social, emotional and spiritual needs of people requiring palliative care.

Phone: 03 5333 1118

Website: www.ballarathospicecare.org

Ballarat International Foto Biennale

BALLARAT INTERNATIONAL FOTO BIENNALE

The Ballarat International Foto Biennale was founded in 2005 and attracts significant International and Australian photographers as one of Australia's pre-eminent photographic festivals. It is a not-for-profit event that immerses the historic town of Ballarat in photographic art.

For over 13 years, the Ballarat International Foto Biennale has enriched the cultural landscape of regional Victoria and become the most significant, prestigious photographic arts festival in Australia. Held every two years, Ballarat International Foto Biennale is a month-long festival event comprising two major photographic programs: a curated Core Program showcasing work from domestic and international artists that is new, previously unseen in Australia or contextualised afresh; and, an open-entry Fringe Program that fosters the development of new artists.

Alongside, public projects and education programs comprising talks, workshops, symposia and prizes round out a rich and diverse cultural event that attracts more than 26,000 people, delivering significant economic and cultural impact.

Phone: 03 5331 4833

Email: info@ballaratfoto.org

Website: www.ballaratfoto.org

Ballaarat Mechanics' Institute



When you become a volunteer at the Ballaarat Mechanics' Institute you enter into a world that reaches into the very history of Ballarat. Since 1859 the Ballaarat Mechanics' Institute has provided a wide range of services to the City of Ballarat and its citizens. The Institute has many historical resources, and as volunteer you will join a team of passionate volunteers who participate in a broad range of activities including archiving, maintenance and cataloguing to name just a few.

Following the extensive restoration of the building, volunteers assist with tours, as well as event management, and fund-raising activities in the versatile suite of spaces that can be hired for functions.

Phone: 03 5331 3042

Email: volunteers@ballaratmi.org.au

Website: www.ballaratmi.org.au

Ballarat Neighbourhood Centre



Can you volunteer for 1-2 hours per week to help with watering and general maintenance in our Community Garden? Located in Sebastopol the Community Garden supports the work of our catering social enterprise, "Our Kitchen", which helps people transition back into the workforce through hospitality.

Volunteers will also have the opportunity to meet each Friday for 2 hours in the Ballarat Neighbourhood Centre's Community Garden to talk, share knowledge and garden with our social group. There is no cost for this activity, with tea, coffee and cake provided.

Phone: 03 5329 3273

Email: reception@ballaratnc.org.au

Website: www.ballaratnc.org.au

Ballarat Regional Multicultural Council



Volunteers make BRMC a real community and a thriving hub for community connection and services. BRMC is always in need of people who are willing to help and share their time, talents and skills.

BRMC volunteers come from all walks of life, we offer a wide range of volunteer opportunities including:

Reception/office administration, Home Visiting, Hospitality, Driving, Arts and Crafts, Tutoring and Events.

Phone: Teresa on 03 5383 0613

Email: teresa@brmc.org.au

Website: www.brmc.org.au

Ballarat RSL Sub-Branch Inc.



The Ballarat RSL Sub-Branch has been serving the citizens of Ballarat and surrounds for 101 years with welfare support, advocacy and pension applications. The sub-branch also has a home and hospital visiting program which has been in operation for over 50 years.

As well as supporting veterans and their families the Ballarat RSL Commemorative Days Committee also arranges the services for ANZAC Day and Remembrance Day in conjunction with the Ballarat City Council. The RSL is a volunteer run organization with minimal paid staff and has over 300 sub-branches in Victoria, most of which are traditional clubs with no commercial interests.

Phone: 03 5332 3300

Email: admin@ballatrrsl.com.au

Website: www.ballatrrsl.com.au

Ballarat Tramway Museum



Australia's most authentic tram museum operates original Ballarat trams as they ran through the streets of Ballarat. We are all volunteers.

We have a variety of jobs that keep our 100-year-old trams moving including; Driver, conductor [we train you], Retail and visitor information, Workshop skills – mechanical, electrical, metal and woodwork.

Operating 11am – 4pm weekends, school holidays. Workshop days most Tuesdays and Wednesdays. Most volunteers work a couple of days a month.

Phone: Geoff 0425 713 733, Peter 0420 929 104 or 03 5334 1580 – and leave a message

Email: info@btm.org.au

Website: www.btm.org.au

Cancer Council Victoria



Relay for Life is a community fundraising challenge for Cancer Council. Teams of friends, families and colleagues raise money in the lead up to an overnight event, where team members take turns walking around a track to signify that cancer never rests, and neither do we.

Organised by passionate, local volunteers, each Relay event is an experience that will stay with you forever. We host activities designed to celebrate Survivors and recognise their Carers. We honour those we've lost during our candlelight ceremony, and we continue to raise funds to support people affected by cancer, fund research and improve cancer prevention.

Phone: 1300 65 65 85

Email: BallaratRFL@cancervic.org.au

Website: www.fundraising.cancer.org.au/ballarat

Child and Family Services Inc. (CAFS)



Foster Care Program - Foster Care provides home-based care for children and young people aged 0-18 years of age when their families are struggling to manage their care and wellbeing. Foster care is caring for children in your own home for a night, a week, a month, a year, dependent on what their needs are.

Leaving Care Volunteer Mentoring Program

This CAFS Program is based on a simple philosophy that mental physical, emotional and social health flourishes when individuals feel connected to others and to their local community. Our volunteer mentors come from all walks of life and are asked to commit to 12 months once matched with a young person (15-21) transitioning from out-of-home-care. Mentors fulfil a vital role in being someone the young person can talk to, confide in, seek advice from and most importantly have fun with.

Wozzles Wearhouse



If you would like to make a difference within the Ballarat community then **Wozzles Wearhouse** is for you. We have been operating locally for over 27 years and support local kids and families in need. Wozzles is a fun and friendly environment with a great team of volunteers and have positions vacant in both our shops and Operations Warehouse. Please contact us if you think that this is something you are interested in being part of.

Email: CAFS Mentoring Program and CAFS Foster Care Program www.cafs.org.au
Wozzles Wearhouse neisha.sargent@cafs.org.au

Phone: CAFS Mentoring Program and CAFS Foster Care Program 03 5337 3333
Wozzles Wearhouse 03 5339 9166

Conservation Volunteers Australia



If you love being in the outdoors, then you will love us! We are looking for volunteers who enjoy the great outdoors and want to use or develop their practical skills in conservation. Join like-minded individuals in helping your local community with such tasks as weed removal, tree planting, general maintenance and much more!

Conservation Volunteers is Australia leading practical conservation organisation. We mobilize the community to improve the resilience of Australia's natural and cultural heritage, through effective and well-managed action. Conservation Volunteers makes it easy for people to connect with nature and make a demonstrable difference.

Volunteering with us is about joining when you can or want to. There is no training or prior experience needed before beginning volunteering – we will show you everything you need to know on the day.

Phone: 03 5330 0200

Email: ballarat@cva.org.au

Website: www.cva.org.au

Delacombe Girl Guides



Join our team of adult, female volunteers and provide opportunities for girls and young women to build confidence and resilience, meet challenges, learn team building and develop new skills. You too will learn new things, have fun and form friendships with like-minded people.

Guides Victoria offer a variety of opportunities for volunteers – from assisting Guide groups (units) with administrative tasks, to supporting Leaders at weekly meetings or undertaking training in Leadership roles. Share skills, time and energy in a way that suits your lifestyle. All volunteering contributions are valued, and each role supports the development of the girls.

No experience is necessary, and training is provided. A Police Check and Working with Children Check are required to work with our youth members.

There are no monetary rewards, but changing lives is priceless.

Phone: 1800 447 548

Email: guides@guidesvic.org.au

Website: www.girlguidesballarat.org.au

Delta Dogs



Volunteers and their special dogs make regular visits to health care facilities to offer the wonderful benefits of pet therapy, spend time with patients and offer a chat, a floppy ear to listen and a paw to shake.

- Do you have a dog with a good temperament?
- Do you have an hour or two to spare every week?
- Are you interested in giving your time to volunteer in your local community?
- Do you love talking with people about your dog?

Volunteering with Delta Therapy Dogs could be an incredibly rewarding experience for you, if you answered yes to all the questions.

To become a Delta Therapy team, your dog must pass a strict temperament assessment with you, and you must complete a volunteer training session.

If you feel that your dog would make a perfect Therapy Dog, head to our website for online registration and questionnaire.

Email: info@deltasociety.com.au

Website: www.deltasociety.com.au/pages/volunteer-.html

Eureka Mums



Eureka Mums

Every small job that is done saves another item ending up in landfill and helps another family out.

Eureka Mums operates on the generosity and talent of our volunteers and all contributions of time are valuable. We need help with all sorts of tasks big and small including:

- Repairing and safety checking prams, cots, highchairs, car restraints etc
- Cleaning and packing donations of bottles, nappies, and toys
- Accepting and sorting donations as they come in
- Meeting with social workers to help them choose the best items for their families
- Sorting donations and making up linen and clothing bags
- Pack clothing bundles in your own home

If you are keen to get involved, please contact us:

Phone: 1300 789 509

Website: www.eurekamums.org

Fiona Elsey Cancer Research Institute



The Fiona Elsey Cancer Research Institute is proudly a Ballarat organisation making and international contribution to cancer research.

As a non-government funded organisation, the Institute relies on the community's support to maintain and build our research program. This is done through wonderful donations of money and time. The Institute has many community fundraising events and activities that need volunteer support to make possible. *Can you support cancer research?*

We have a variety of roles available. Including:

- Collecting donations.
- Selling raffle tickets in shopping centres.
- Course marshalling at the Australian Road Nationals.
- Letterbox drop flyers.
- Packing of volunteer packs
- Assisting at the annual Ballarat Cycle Classic-Sunday 17 February
 - Cheer on riders as a course marshal.
 - Onsite Registrations.
 - Cheer on families as a Lake Wendouree course marshal.

Phone: 03 5331 3101

Email: admin@fecri.org.au

Website: www.fecri.org.au

Flashdrive



Flashdrive is a non-profit community enterprise that empowers individuals to reconnect socially within the community by providing an innovative, supportive and engaging ICT (*Information and Communications Technology*) and E-waste management and learning environment.

We provide a welcoming environment that values individuals, to improve social skills, self-esteem and confidence to enhance the social, physical and mental health and wellbeing of the community. We also provide ICT training and support, recycle and rebuild ICT equipment and sell refurbished ICT equipment. We are an NDIS-registered provider.

Volunteers assist with admin, equipment refurbishing and recycling. New volunteers are welcome.

Address: 1223 Grevillea Rd Wendouree Vic 3350

Phone: 03 5339 9537

Email: enquiries@flashdrive.org.au

Grampians Community Health



Our volunteers fulfil diverse roles such as helping people to develop confidence, strategies and social skills to minimise social isolation, they visit people who can't get out easily, and sometimes just a social visit to have a cuppa and a chat. We link Volunteers to people who share common interests and together they decide how to spend time.

Grampians Community Health is located right across the Grampians and Wimmera region. We deliver a broad range of health care and community services for individuals, families and the community. Our aim is to promote healthy living in the Grampians Wimmera whilst improving the standard of living.

Phone: 03 5358 7400

Email: gch@Grampianscommunityhealth.org.au

Website: www.grampianscommunityhealth.org.au/volunteers

Haddon Community Learning Centre



The Haddon Community Learning Centre is an awarding winning Learn Local organisation offering a range of education, training and community programs designed to meet the needs of people in the Central Highlands region.

The Centre aims to provide opportunities for people to reach their full potential in a supportive community environment, recognising that forces in society often leave people feeling isolated and unable to participate in their community. In addition to its Adult Education, Neighbourhood House programs, Community Groups and activities, the Centre provides access to information and community networks to assist a wide range of people regardless of age, income, gender, race, socio-economic standing, religious or political beliefs, place of residence or educational background.

Volunteers are an essential ingredient for a small centre such as ours and they undertake a variety of roles to help keep the Centre operating. Some of the volunteering opportunities include:

- Mentoring/Tutoring
- Administration
- Helping with fundraising activities
- Supporting community activities such as the ANZAC Day brunch and the monthly Chat & Chew lunch
- Production of and delivery of our quarterly newsletters/course guides and flyers

Phone: 03 5342 7050

Email: manager@haddonlearning.org.au **Website:** www.haddonlearning.org.au

Heart Foundation



Heart Foundation Walking is the largest free walking network in Australia. The program is in its 22nd year and we currently have over 45,000 participants across the country walking in a group and/or using our walking app. There are currently six walking groups in the Ballarat

region, and there is always opportunity to start more. Walking is not only a great way to stay healthy but is also a great social opportunity to make friends and explore your town.

The FREE program comes packaged and ready to roll out including training for volunteers, marketing resources and incentives for participants based on the number of walks that they achieve. We would love volunteer walk organisers to get involved and lead a walking group around your area.

Phone: 13 11 12

Email: walking@heartfoundation.org.au **Website:** <https://walking.heartfoundation.org.au>

Hepburn Shire Council



Hepburn Shire Council has a range of opportunities for people interested in becoming a volunteer with the community. These include Activity Groups & Visitor Information Centres.

Hepburn Shire has Visitor Information Centres located in Daylesford, Creswick, Clunes and Trentham. Volunteers assist visitors and locals with what to see and do in the region.

Council provides a number of Activity Groups for both older people and people with dementia in Creswick and Daylesford. Volunteers are an integral part of the group – assisting staff to provide social opportunities and group activities for clients.

Council provides extensive training to all volunteers. Volunteers are selected through an application process and undertake checks as required.

Phone: 03 5348 2306

Email: shire@hepburn.vic.gov.au

Website: www.hepburn.vic.gov.au/work-for-council/volunteers

John Curtin Aged Care



We provide welcoming and friendly residential care which supports independence and personal choices. We are situated in Creswick.

Are you interested in volunteering and meeting interesting people? We are a 65 bed not for profit organization with a strong community involvement.

John Curtin Aged Care provides a vibrant 7 day a week lifestyle program and we are always looking for volunteers.

Ways in which you can be involved:

- Art and Craft
- Quizzes
- Gardening
- Bingo
- Knitting
- Outings
- Morning Walks
- Nail Station
- Café Work
- Reading
- Hand Waxing
- 1:1 Visiting

And much more.

Phone: 03 5345 9999

Email: info@jcac.org.au

Website: www.jcac.org.au

L2P Learner Driver Mentor Program



A driver's licence can mean the difference between employment and unemployment but not everyone has someone to supervise the 120 hours of practice needed to sit the test. Help change a young person's life. Become a volunteer supervising driver for the Ballarat L2P program.

Mentors are matched with a disadvantaged young person who is learning to drive and asked to commit approximately one hour per week in an L2P car.

Phone: 03 5331 5555

Email: l2p@ballaratfoundation.org.au

Website: www.ballaratfoundation.org

Lifeline Ballarat



Lifeline Ballarat supports the national Lifeline network. Our volunteers provide confidential telephone crisis support and referral services to people in crisis.


We offer:

- A journey of self-discovery and development
- A nationally accredited training course
- The opportunity to participate in a unique form of community service
- Ongoing support, mentoring and supervision within a community of friendly, committed people.

Phone: 03 5322 4996

Email: lifeline.ballarat@vt.uniting.org

Little Dreamers

LITTLE DREAMERS  Are you passionate about changing lives and looking for a rewarding volunteering opportunity in your area? Little Dreamers is a not for profit that works with Young Carers around Australia - anyone under the age of 25 that is in a family affected by mental illness, disability or addiction.

We are currently looking for Mentors in the Ballarat region to pair with some of our amazing kids! We believe positive role models create lasting and vital impact in the lives of Young Carers.

Phone: 9973 9078

Email: stephanie@littledreamersonline.com

Website: <https://littledreamersonline.com/>

Mercy Connect



The broad vision of the Mercy Connect project:

That families from refugee and /or humanitarian backgrounds are supported through improving their children's capacity to negotiate mainstream schooling and integrate into the wider Australian community.

Volunteer Selection Criteria

- Experience in an educational setting
- An interest in refugee and humanitarian issues
- Demonstrated initiative and an ability to work independently
- Patience in facilitating student learning
- Active listening skills
- Willingness to work in a school environment under teacher guidance and direction
- Ability to travel to identified schools that include nominated students requiring mentoring
- Flexibility to change schools as needs emerge in other school locations

Specific Responsibilities

- Mentoring students, supporting their learning
- Support to nurture student's well-being and self esteem
- Liaising with classroom teachers and the relevant in-school coordinator
- Providing brief monthly reports
- Attending training sessions/meetings (2-3 times a year)

Phone: 0417 624 330

Email: mercyconnectb@gmail.com

Website: www.mercyworks.org.au

Pinarc Disability Support



Registered **NDIS** Provider

Pinarc Disability Support provides services to around 1,000 children and adults with disability, their families, and carers across the Grampians and Melton regions.

We provide Support Coordination, Financial Plan Management, Early Childhood Intervention, Youth & Adult Therapy, Communication Support, Positive Behaviour Support, Youth & Adult Social Groups, Day programs, Camps & Holiday Programs, After-School Program, Independent Living Skills Program, Music & Art Programs, Technology Solutions, Parent Support Groups, Education & Training and Preparation for Volunteering & Employment.

Our service delivery is guided by our vision of putting each individual at the centre of their decision making. Staff treat each person with dignity and respect and value their unique contribution. We believe that each person should be supported to participate in their community to the fullest extent that they wish, and we work with the wider community to improve inclusion by raising awareness about issues affecting people living with a disability.

Phone: 03 5329 1300

Email: volunteering@pinarc.org.au

Website: www.pinarc.org.au

Red Cross



Red Cross is there for people in need. For over a century, through everyday acts of humanity, Red Cross volunteers have helped people in crisis, strengthened communities and changed lives for the better.

We invite you to join more than 20,000 other Red Cross volunteers in Australia who provide much needed support to those who need it most.

Our volunteer network is made up of a diverse range of people of varying ages and backgrounds, speak many languages, have different skills and a vast array of experiences.

Just as our volunteers are diverse, so too are the range of volunteering activities we offer.

Please check out our volunteer opportunities on our website - redcross.org.au/volunteer

Phone: 03 9345 1862

Email: vicvolunteer@redcross.org.au

Website: www.redcross.org.au/volunteer

Royal South Street



Royal South Street is the oldest and largest eisteddfod in Australia. For over 127 years the Royal South Street Eisteddfod has provided a platform for aspiring young performers to perform on stage with many going on to be well known including Patti Newton and Anthony Callea.

Today there 14 disciplines that run over 100 days including the Freemasons Festival of Bands, Engertiks Dance Competition and the Commbank Calisthenics. Each year there are over 11,000 entries and with many competitors competing multiple times there are approximately 40,000 on stage appearances. Across the competition our dedicated volunteers spend over 15,000 hours in varied roles including announcer (MC), backstage roles, registration, ushering and assisting with administration.

If you love the excitement of the theatre, are looking for a new experience and wanting to be part of a prestigious competition please email info@royalsouthstreet.com.au or call (03)5332 1054 for further information.

Phone: 03 5332 1054

Email: info@royalsouthstreet.com.au

Website: www.royalsouthstreet.com.au

Ryder Cheshire Foundation



Ryder-Cheshire is an organisation that is making a real difference to the lives of people who are sick, have a disability, or are destitute, with a proven record of achieving its goals for almost 60 years. The organisation is run entirely by volunteers at all levels. The mission is *'for the relief of suffering'*.

The Ryder-Cheshire Foundation was founded in 1959 and in 1964 Ballarat Ryder-Cheshire was established. Ballarat Ryder-Cheshire is now almost 55 years old. Ryder-Cheshire Australia (RCA) today RCA supports homes in India, Timor-Leste and two Australian homes in Ivanhoe, Victoria and Mt Gambier, South Australia. All are not-for-profit.

Ways in which you can become involved:

- Volunteer in India or in Timor-Leste
- Volunteer at one of the Australian homes
- Help with fundraising, volunteering and other tasks
- Be a supporter and join the mailing list to receive the newsletter *'The Red Feather'*, be advised of events and volunteering opportunities.

We meet the fourth Tuesday each month at 7pm.

Phone: 0411 874 756

Email: rydercheshirevolunteersaust@gmail.com **Website:** ballarat@ryder-cheshire.org

Solve Disability Solutions



We change the lives of people with disability by helping them to “Live without Limits”. We customise equipment when a commercial solution doesn't solve a problem, enabling our clients to have greater independence and an improved quality of life.

Our volunteers are practical minded and creative people who enjoy problem solving to help others. We are looking for people who are typically handymen, have trades, engineering, textiles, sewing or upholstery skills. You will need access to tools and a workshop and be able to visit a client in their own home with our Occupational Therapist (who provides support to you for each project we make for our client). We have a Ballarat Branch that is supported by our central office in Melbourne.

Phone: 03 9853 86 55 or 1300 663 243

Email: volunteer@solve.org.au

Website: www.solve.org.au

Sovereign Hill



'Friends of Sovereign Hill' (FOSH) - support the interpretive activity of Sovereign Hill, with activities such as demonstrating the use of 19th century domestic and industrial technology, gold panning, horse care, flag making, scrimshaw, gardening and sewing.

FOSH provide orientation tours and develop a range of characters for roles around the township and diggings. They also participate in Sovereign Hill promotions, locally and in Melbourne.

They play an important role in greeting visitors and conduct orientation tours for groups of school students. Costumed FOSH also attend a variety of promotional activities on behalf of Sovereign Hill and are regular participants in filming and photographic work.

Please contact our FOSH Coordinator for more information:

Phone: 03 5337 1166

Website: www.sovereignhill.com.au

Special Olympics Ballarat



If you love sport and enjoy helping others to engage in sport, then Special Olympics Ballarat is the place for you!

Special Olympics Ballarat is a sporting community for local children and adults with intellectual disabilities. Through sports participation Special Olympics Ballarat provide their athletes with the opportunity to develop fitness, experience success and create life-long friendships. Special Olympics Ballarat are constantly on the lookout for people to volunteer as coaches, officials, fundraisers, administrators and committee members. Volunteering with the Special Olympics is a truly rewarding experience that brings great joy and satisfaction to all involved.

Phone: Maureen Eddy – 0409 312 716

Email: ballarat.secretary@specialolympics.com.au

Website: www.specialolympics.com.au/index.php/ballarat

St John of God Ballarat Hospital



St John of God Ballarat Hospital was first established in Bailey's Mansion in 1915 as a division of St John of God Health Care, an Australia wide Catholic not-for-profit health care provider. In addition to Emergency Medicine,

Oncology/Medical, Surgical, Orthopaedics, Obstetrics, Cardiology and Home Nursing, the Hospital also a strong social outreach program.

Volunteers play a vital role in the provision of services and compassionate care complementing the clinical care provided by the medical staff.

Phone: 03 5320 2111

Email: info.ballarat@sjog.org.au

Website: www.sjog.org.au/ballarat

St. Vincent de Paul Society



The St Vincent de Paul Society is a lay Catholic organisation that aspires to live the gospel message by serving Christ in the poor with love, respect, justice, hope and joy, and by working to shape a more just and compassionate society. The Society aspires to be recognised as a caring charity offering “a hand up” to people in need. In Australia we have 60,000 members and volunteers, who work hard to assist people in need and combat social injustice.

In Victoria we have over 100 Vinnies Shops, and without our wonderful volunteers these shops wouldn't be able to run. In the Ballarat region alone we have Shops located in Ballarat CBD, Wendouree, Sebastopol and Alfredton. If you would like to become a volunteer please visit our website, or feel free to give our Shops a call and speak to the Shop Manager.

Ballarat 5332 6759

Sebastopol 5335 7466

Wendouree 5339 4817

Alfredton 5334 2234

Website: www.vinnies.org.au/page/Get_Involved/Become_a_volunteer/VIC/

Uniting Ballarat



Volunteering is an excellent way of making a difference in your local community. Uniting Ballarat offers you a range of opportunities to participate in programs, events and activities supporting people within the local community.

In donating your time, skills, knowledge and networks you will meet some great people and have fun while making a positive change in your community. We match your skills and experience with your areas of interest and available roles.

These include:

- BreezeWay Meals Program – Food preparation and Service
- Emergency Relief Program – Coordinating Food Donations
- Op Shops – Retail and Delivery
- Lifeline Ballarat – Telephone Crisis Support
- Community Access – Visitors, Transport and Social Group Support

Get in touch

Phone: 03 5332 1286

Email: enquiry.ballarat@vt.uniting.org

Website: www.unitingballarat.org.au

Very Special Kids



We are a children's charity that helps more than 900 families across Victoria who have a child with a life-threatening condition. We support from diagnosis all the way through to the child's recovery or bereavement. Sadly, many of the children we care for will not reach adulthood.

Free-of-charge family support services include counselling, advocacy, sibling support, bereavement support, and linking families with trained family volunteers. Each family is supported in unique and varying ways according to their personal needs. Every family service volunteer completes a 27-hour training program to equip them with the skills and knowledge needed to support families. Volunteers receive ongoing support and supervision. Family service volunteers are needed in Horsham, Stawell, Ararat, Ballarat, Bacchus Marsh and Melton. Volunteers are also required for gardening at the Ballarat office.

If you are interested in becoming a volunteer, please contact our Grampians Regional Family Support Practitioner (Pauline Hammond).

Phone: 0457 727 505

Email: ballarat@vsk.org.au

Website: www.vsk.org.au

VicSES



We rely on our volunteers to provide on-the-ground support in emergencies due to natural disasters such as flood, storm, tsunami and earthquake. Volunteers also support other Emergency Service Organisations such as the Country Fire Authority during major bushfires and some units are accredited to perform road rescue.

Hands-on operational roles include:

- General rescue
- Road rescue
- Rescue boat operations
- Land search
- Urban search and rescue
- Traffic management
- Rope rescue
- Community education

Non-operational support roles

Rescue-focused roles are not for everyone. There are important non-operational support roles that provide valued assistance to the unit and also help you to build professional skills. Non-operational support roles available to our volunteers may include:

- Administration
- Fundraising
- Media and public relations
- Community education

Phone: 03 9256 9000

Website: www.ses.vic.gov.au/volunteer/become-a-volunteer

Vision Australia



Each month thousands of volunteers contribute their time and skills, working in a range of capacities across our organisation. Their inspiring generosity helps Vision Australia to manage costs and provide a broader range of services to tens of thousands of people who are blind or have low vision.

Volunteers help with:

- Seeing Eye dogs/training
- Events
- Recreation and client support
- Administration and IT
- Community work
- Information services

Phone: 1300 84 74 66

Email: volunteer@visionaustralia.org

Wendouree Neighbourhood House



We always welcome volunteers to our Centre. Without their help the Centre could not run. The main areas where volunteers are involved are:

- Gardening/Lawn Mowing
- Newsletter/Activity Flyer Delivery
- Bus Maintenance
- Kitchen Program
- Literacy & Numeracy Volunteers
- Local Newsletter Team

Phone: 03 5339 5069

Website: www.wnc.org.au/volunteering

YMCA



Volunteers at the YMCA share their time, skills and passion, and make a real difference to our work creating healthier, happier and more connected communities. Volunteering with the YMCA is an opportunity for personal and professional growth through assisting with the delivery of programs and services. Through volunteering, you'll also be making a valuable contribution to your community.

YMCA Ballarat is an Australian Childhood Foundation accredited child safe organisation and we are committed to safeguarding children and young people in our care. We require all people applying to undergo a screening process prior to appointment. We offer opportunities across Ballarat and rural Victoria in all our program areas. Including: Children's Programs; Out of School Hours Care; Youth Programs and more. Interested in volunteering with the Y? Contact the Volunteer and Student Placement Coordinator:

Phone: 03 5329 2820

Email: ballarat.volunteers@ymca.org.au

Website: www.ballarat.ymca.org.au

Young Parents Place



Getting a qualification like a VCAL Certificate can mean our Young Parents gain valuable employability skills and experiences to take into the workplace or further study. Help support our Young Parents by volunteering to assist in the care and developmental play of their babies/toddlers.

You will need to have a current working with children check, good mobility and a keen interest in supporting children's wellbeing. Volunteers will work under the guidance of our staff in our Creche area while our Young Parents are studying.

It would be ideal if you could commit approximately 2-3 hours per week either on a Monday 10am-1pm or Wednesday 10am-1pm.

Phone: Megan on 0439 358 152

Email: hillas.megan.j@edumail.vic.gov.au

7 Lydiard Street South Ballarat Vic 3350
PO BOX 50 Ballarat Vic 3353 ph: 03 5331 5555
volunteer@ballaratfoundation.org.au
www.ballaratfoundation.org.au

**Ballarat Foundation - Incorporating:
United Way Ballarat (ABN 19 069 908 915) | L2P | Volunteering Ballarat | Ballarat Reads**